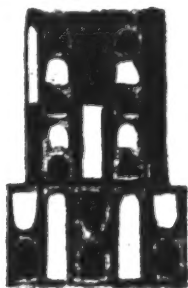


Drawing 1



Drawing 2

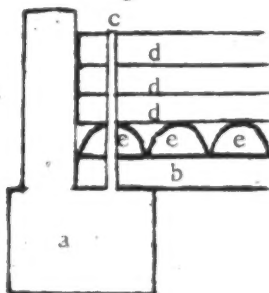


Fig. 29. Painted Socle of a Bench in a Meeting House, Fang Region.
Drawing 1, front view;
Drawing 2, side view.

In many meeting houses, furthermore, one sees /68/ a forge (Fig. 27b, Drawing 1 b) and the tools used by a smith, namely, a bellows suspended from the roof (Fig. 27b, Drawing 1 c) and a smith's stone (Fig. 27b, Drawing 1 e) which at the same time is used as a whetstone and also as a fan for the fire (evuh e nduan), Figure 32. Finally we must also mention the famous tobacco pipe made from the stem of a banana leaf, which is placed across two hooks in the wall.

It goes without saying that in addition to the above-mentioned furnishings there are all kinds of rubbish lying around in the house, such as half-finished baskets, fishing nets, tools, leftover food, and so forth, scarcely designed to give the whole a more attractive appearance. /Fig. 31 appears here in the original text. /

The meeting houses are very seldom embellished with decorative bark, either on the outside (Fig. 33) or on the inside. More frequently, however, we find the bark walls, especially on the gabled sides,

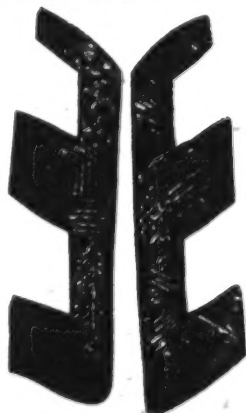


Fig. 30. Rifle Rack, Engugumo, Fang.

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[531]



Fig. 36. Door of a Dwelling in Alén (Essáuong Family). Carved out of wood and painted a light gray with clay.

placed next to each other against the opening from the inside, and naturally there are large cracks between them. It goes without saying that any sudden gust of wind will blow them down and that they also fall down by themselves. I myself have often enough been awakened by this unfamiliar clatter, or the cool night air and the stings of the *Anopheles* mosquitoes swarming in have given me an unpleasant awakening.

[531] Doors made of wood (Fig. 36) are to be found here and there and are sometimes decorated with simple carved patterns. They are placed or wedged against the door opening from the inside. Frame doors imported by foreign traders and set on hinges made of bands of palm are not very popular, generally speaking.

[356] Exactly as in the case of the meeting houses, the construction and condition of the dwellings vary greatly. Some houses are so clean and attractively built that they look like a doll's house just unpacked; others, however, look dilapidated, unclean, and unattractive, and they make such a revolting impression that -- as I often told my Pangwe -- not even a white man's dog would feel at home in it. The majority of the dwellings, of course, are between these two extremes, that is to say, if one takes the average of several villages -- for the houses of a single village are often of just about the same quality, a fact which doubtless stems from their being equally old. There are villages which appear

its edge with ornamental chip carving. It is placed on the ground, often in the vicinity of the door posts, and is considered, so to speak, as a place of honor -- for strangers and the paterfamilias -- like our sofa.

As a final household implement the sweeper should be mentioned. It appears in various forms, depending on whether it is used in the dwelling, for the benches of the meeting house, for the meeting house floor, or for the village square.

For the house a broom evū ā[k], Figure 41 a, is used, made of raffia leaves tied together in the shape of a fan. "More elegant" brooms are used by the Jaunde for the benches of the meeting houses. These are made of pieces of liana stalks, Ertela scandens Benth., Leguminosae, called ntū/ (b), or of the flowers of the oil palm (c). The pieces of liana stalk are slit so that they form something like a brush; these brooms therefore correspond more or less to our dusters. A third form of broom (Fig. 42) consists of two little wooden boards tied with strips to a handle. /Fig. 39 appears here in the original text. / /76/ It resembles our snow shovels, but it is by no means to be found in every village, and even where it is found it is infrequently used.

In the preceding descriptions the reader will have been struck by the frequency with which the raffia palm is mentioned as construction material. It is indeed true that this palm, called "bamboo" in Negro English, is by far the most important and most valuable plant

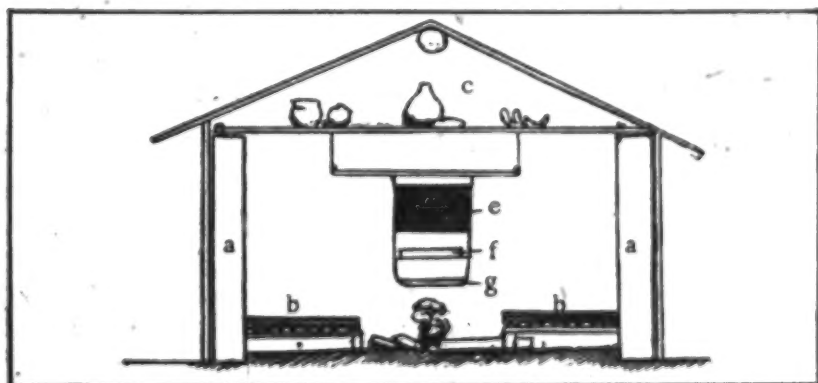


Fig. 39. Cross-section of a Dwelling from Door to Door:

a, door posts; b, sleeping benches; c, pot loft; d, loft for drying groundnuts; e, pantry; f and g, roasting boards.

site for their villages. The houses can be readily taken down and erected elsewhere. The earth floor is often beaten very hard, no covering is used. The beds are made of bamboo poles resting upon end pieces, supported by four forked corner stakes. The bed is raised about one foot from the ground. In most houses are four beds, two at each end on opposite sides, having a log fire burning between, the smoke escaping through the thatch roof. The furniture is all movable, and consists of stools, cassava bowls and boards, drinking gourds, fish nets, water gourds, various baskets and hanging bamboo shelves for drying fish and corn over the fire. Food, guns and powder horns are hung up on wooden hooks suspended by bush rope; these hooks are made by cutting a suitable branch from a young tree, having a strong crutch. No separate portion of the dwelling is set apart for sleeping or eating. There are no windows to a Fang house; at night one or more pieces of bark are used for a door. All the domestic arrangements are excessively filthy. Refuse from meals is unknown, everything is eaten, including entrails and skin of animals and fish. Before occupying a new house the witch doctor (*agangas*) is usually called to perform the ceremony of propitiating the evil spirits (local spirits), and the *biang Ekuri* (fetish) is hung up and becomes the protecting fetish of the household. This fetish is hung up over the doorway outside. The houses are built entirely above ground, the roofs are made of split bamboo and covered with thatch made from the long tough blade of a swamp reed, or rush. This thatch makes a most excellent roof, and when well put on, it is able to withstand three years of the terrible rains which fall during the long wet season.

V.—Navigation, Hooks, Nets, Fishing, Traps.

The Fang use long narrow canoes. A suitable tree having been found is felled and trimmed, then hollowed out with the small native wedge. All the boats are open and both sides of the canoe alike. The women use the same canoes as the men and paddle them very skilfully. War canoes are made large and strong, but are otherwise similar in construction to the canoes in daily use. A kind of lugger sail is used and the natives sail a thin canvas very close to the wind. The baler used is made of wood; it much resembles a large flat sugar scoop and is common among tribes along the west coast. This baler is used most skilfully and with great rapidity by both men and women. In paddling, no fulcrum whatever is used. The men and women either sit or kneel, grasping the paddle handle in its upper and lower thirds they plunge the blade deeply into the water, and force the canoe ahead with great rapidity. One man, woman, or a child steers, using an ordinary paddle; the time kept while paddling is excellent, and is usually kept by one man chanting a Fang song, not unlike a white sailor's shanty, the paddling taking on renewed vigour during the chorus. The sails are usually made now of imported trade cloth, but I have seen them made from the native bark cloth. Only one sail is used and the canoes are able to beat up well against the wind.

- 244 this is, because, to a Fang eye, polished brass looks *mbung* (handsome) and is attractive for trade. Vessels are usually placed on top of the fire and not suspended over it; vegetables are frequently placed in stews. No separate dwelling house exists for cooking, it is carried on in the dwelling house. The water used to wash a dirty pot with is often thrown out on the earth floor of the dwelling.
- 356 children playing in the wet dirt. In all domestic matters the Fang are very filthy.
- [514] I have on more than one occasion when inside a native hut seen children micturate and defecate on the earth floor close to where the mother was cooking, the women [854] and men present taking very little notice, and only occasionally placing the child [462] outside the door. Cooking is exclusively the duty of women, a *real man* will not cook. Food is often highly seasoned with hot native red and green peppers, and 252 food thus prepared is much appreciated. The food is usually well cooked through, with the exception of plantains which are often only half boiled and served quite hard. Large round stones are used for rubbing and reducing to powder gourd seeds and various tubers. Smoking and salting are the only methods practised 251 for preserving food, and on account of the value of salt and the difficulty of transporting it inland, it is seldom thus employed.

- Drinks.*—Rum has been carried from the coast by white traders and natives 273 far inland and is used whenever obtainable, but the chief drink is cold water. Palm wine is made called *meyak*. Except in places where a trade factory existed I have seen very few cases of intoxication among the Fang, but when they can obtain rum it seems to completely demoralize them. Tea and coffee are known to [272] people living near white settlers. When a party of headmen and others have taken a meal at the mission house, tea and coffee were greatly enjoyed and cups frequently re-filled. The first meal is usually about eight or nine o'clock; the 264 natives think the white man eats very early; a mid-day meal is served and the evening repast is usually about sunset.

- Food is frequently brought to the men inside the *abeng* (palaver house); at other times an entire family eats together inside the dwelling house. No ceremonies whatever precede the commencement of meals. When a son is born, or on the 574 occasion of a wedding, and after some large palaver has been settled, a feast is 264 usually given. Invited guests and strangers partake together with the town folk of the food prepared; it is usually served on the earth floor of the palaver house, on plantain leaves, and in cooking pots, each person helping himself. The women do not eat with the men inside the palaver house.

Mode of preparing Mboa.

- 252 *Ba du mbóá osui, e vóm a ne ndútál : a kaga boma mēlu mēla, be keli tás : be adí*
 539 *ne nye : be náá mbúk : be kēzi nye mbúk ití be nou ntum : beña tyak : bēnga vul : be*
kaga mana vul : be kēzi nye ē mēv : eckoba ji : ve telē mēv mboa : wena mboa abea.